

PSHE- Vocabulary Map

PSHE	<i>Drug, alcohol and tobacco education</i>	<i>Keeping safe and managing risk</i>	<i>Mental health and emotional wellbeing</i>	<i>Physical health and wellbeing</i>	<i>Careers, financial capability and economic wellbeing</i>	<i>Identity, society and equality</i>
EYFS	rules	Real, fake, danger, good touch, bad touch	Happy, sad, angry, upset	Healthy, unhealthy	job, money	Same, different
Year 1	Substance, harmful, rules	Real, imaginary, danger, secret, trust, good touch, bad touch, unsafe worried, private, community, penis, vagina	Feelings, happy, sad, angry, same, different, emotion, loss	food, drink, celebration, same, different, choice, active, protect, damage, sun, effect	earn, win, find, presents, pocket money, borrow, benefits, save	Special, different, dilemma, responsibility, challenge, unhelpful, helpful, dilemma, behaviour
Year 2	Medicine, healthy, pharmacy, doctor. alternatives	Emergency, safe, responsible. Rules, unsafe, hazards, road safety	Care, excluded, friend, difficult, problems, resolve	Healthy diet, oral health, physical activity, active, sleep, vaccination routine, hygiene		Co-operative, helpful, unhelpful, self-respect, respect
Year 3	Drug, tobacco, smoking, second hand smoke, smoke free	Bullying, unacceptable, falling out, racism, cyber bullying, bystander, help, support	Goal, challenge, skill, attribute, put up, put down, set-back,	Eatwell Guide, influences, brands, packaging, taste, cost, value	Manufacture, pressure, decisions, value, spend, shift, full-time, part-time, shift, paid, unpaid,	Family, culture, age, gender, personal interests, belief, community, diverse, view
Year 4	Caffeine, alcohol, tobacco, nicotine, alcohol, risk guidelines, habit, addiction	Age classification, computer game, pressure	Wellbeing, isolation, negative, cyber bullying, worried, feeling down	Religious diet, cultural diet, moral diet, ethical, fair trade, farming, seasonality, consumers, screen time, health, wellbeing		Democracy, vote, election, influence, organisation, council, government, resources, community
Year 5	Cigarette, e-cigarette, shisha, cannabis, health, money, alcohol, tobacco, nicotine, media, influence, pressure, choice	Influence, trustworthy, domestic violence, abuse, violence, problems	Conflict, change, emotion, loss, grief, bereavement	Misleading, marketing, consumers, advertising, role model, media, reality, manipulate	loans, credit cards, hire-purchase schemes, debt, manageable, unmanageable, reliable, enterprise, salary	Stereotype, homophobic, sexist, disablist, transphobic, discrimination,
Year 6	Tobacco, nicotine products, alcohol, solvents, medicines, legal and illegal drugs, risks, advice, support	Peer pressure, consequence, anti-social, law, peer pressure	Mental health, mood, feelings	Skin cancer, immunisation, vaccination, weight loss, unexplained		Migration, rights, responsibilities, conflict, organisation, homeless, charity